

Proven Health Benefits

Most honeys have a certain level of antibacterial properties. However the Active ingredients in Manuka honey don't break down the way those in other honey types do.

Some of the proven health benefits* of Active Manuka honey are:

Aiding in the treatment of:

- Sore throats
- Burns
- Eye infections
- Skin irritations
- Stomach complaints
- Fungal infections
- Ulcers
- Cuts and abrasions



Assisting with overall well-being through:

- Nourishing the nervous system
- Cleansing kidneys
- Supporting liver function
- Strengthening the immune system
- Improving physical endurance

Nature's Buzz is the largest producer of the highest rated Active Manuka Honey in the world

* Dr Peter Molan's research into the extensive health benefits carried out at Waikato University.



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Availability

Natures Buzz honey is available from selected supermarkets, health stores and on the website.

All Nature's Buzz Active Manuka honeys have a Non-Peroxide Activity Level that is independently laboratory tested and proven.



Manuka Honey

New Zealand's traditionally pure healing honey

Distinctive, rich, old-fashioned taste combined with scientifically proven health benefits



Nature's Buzz Active Manuka Honeys

Sourced from the premium nectar of the Manuka tree this range of honeys has unique curative and antibacterial qualities combined with an exquisite taste and texture. Each has a laboratory proven Non-Peroxide Activity Level.

Active Manuka Honey 5+

Perfect for eating or adding to hot beverages this honey is ideal for maintaining overall health and vitality through the winter months.



Active Manuka Honey 10+

A honey with an Activity Level of over 10 can be regarded as a medicinal honey. Ideal for enjoying everyday and for maintaining healthy digestion.



Active Manuka Honey 15+

With an Activity Level of 15+ this honey has a higher level of antibacterial properties and is useful for maintaining healthy digestion.



Active Manuka Honey 20+

Whether you put this in your medicine cabinet or your food cupboard is up to you. An Activity Level of 20+ gives this honey a proven effectiveness for treating many health complaints as well as having the rich, distinctive taste of traditional Manuka honey.

Nature's Buzz Honeys

Manuka Honey

A rich satisfying honey that offers up a delectable sweetness overlaid with a hint of the delicate smoky aroma of Manuka. Perfect as a spread, for adding to beverages, for baking or simply on its own.

NZ Native Bush Honey with 20% Manuka

Gathered from Northland hives, this is slightly lighter in taste and colour than the pure Manuka honey. Still offering the traditional creamy taste and texture but with wider floral overtones this is ideal for spreading, adding to beverages, baking or simply on its own.

Our products are available in 375g jars and 500g pots.



Manuka flower

Expertise and nature combined

In the far north of New Zealand are untouched forests of natural native bush and Manuka trees. This Northland Manuka variety is renowned for producing some of the highest-rated medically active honey in the world.

All Nature's Buzz honey comes from this unique region and is extracted and packed at our specialised Manuka honey production plant in Dargaville. By concentrating all our efforts on this one product we can guarantee honey that is pure and healthy with the delicious taste of rich old-fashioned honey, from the hive right through to the end product.



Our family has over 50 years experience in the beekeeping and honey industry and an enduring commitment to researching and promoting the extraordinary health properties of Northland Manuka. Our family, beekeepers and production staff can truly be described as experts in the field.



The beautiful Waipoua Forest, Northland, New Zealand